

Mind to Mind: Brain dynamics of distant focused intention for consciousness expansion

ABSTRACT:

Background

Some research studies indicate that intentions, even if developed at a distance, can have some effect on people. A metaanalysis done in 2012 by Stefan Schmidt, looked at 11 studies conducted over three continents and combined them with a random-effects model with results showing a significant difference between groups involved with intention and others.

Aims

This study investigated whether intention at a distance between a human sender and human receivers would have an impact on the receivers' cognitive performance and could induce an altered state of consciousness on both sender and receivers.

Method

Three groups of receivers were tested; only one group was exposed to distant intention, other group was not exposed to distant intention and was considered as the Control group and the third group was exposed to a suggestion of distant intention and was considered as the Placebo group. All the participants in these groups performed attention, memory and inductive reasoning tasks. Both the sender and the receivers filled out a questionnaire to test if an altered state of consciousness was reached.

Results

Results showed that neither sender nor receivers reached an altered state of consciousness during the experiments, yet a consistent pattern in the theme of the answers was presented by the sender. Regarding cognitive performance, a significant difference was found between the control group and the other groups in the attention task.

Conclusions

A small sample and less robust measures of scale of some of the cognitive performance tests could have contributed to less expressive results.

Keywords

Intention, Altered states of consciousness, Cognitive performance, Attention

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